



**2023 USATF Alabama Association
Youth, Open and Master's Cross Country Championships
Fairview Town Park
649 Wesley Ave North, Cullman Al. 35058
Saturday, November 18, 2023**

AGE DIVISIONS ELIGIBILITY REQUIREMENTS:

8 & under (born 2015 +)
9 - 10 (born 2013-2014)
11 - 12 (born 2011-2012)
13 - 14 (born 2009-2010)
15 - 16 (born 2007-2008)
17 - 18 (born 2005-2006)
*Athletes must be at least seven (7) years of age on December 31 of the current year to compete at the Youth Athletics or Junior Olympic National Championship.

ELIGIBILITY REQUIREMENTS:

Individuals: Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events. Visit www.usatf.org/membership.

ENTRY PROCESS: Individual Entries: \$5

Club Administrators and Unattached Athletes should register online at **Athletic.net**.

<https://www.athletic.net/events/us/alabama/2023-11-1>. Registration will open on October 16, 2023.

Registration will close at noon on November 15, 2023. Late entries will not be allowed. Pre-authorization of a credit card will be required for team entries and unattached entries will require immediate payment. Accuracy of data entered is the responsibility of each club and/or athlete. Please verify team and athlete data within Athletic.net for accuracy prior to submitting entries. Links to help documents with step-by-step instructions:

-Submitting Team Entries: <https://support.athletic.net/article/z11f8f1jja-submitting-entries-for-a-meet>

-Registering as an Individual: <https://support.athletic.net/article/90hyv0deh5-registering-for-an-event-as-an-individual>

DATE OF BIRTH VERIFICATION

USATF National Championships require that the registrants are date-of-birth verified. Members are mandated to upload/submit their birthdate verification document when completing their membership profile on the USATF Connect system. There may be other competitions that require this mandate. Check event eligibility requirements carefully when registering for an event.

DOCUMENT SUBMISSION DEADLINE

Documents submitted for birthdate verification must be received no later than five (5) business days (excluding holidays) prior to the registration deadline of the USATF sanctioned or sponsored event that the registrant is seeking entry into to guarantee entry.



HOW TO SUBMIT DOCUMENTS

Date-of-Birth verification documents must be uploaded through [USATF Connect](#). If you are having trouble uploading these documents, please reach out to the [USATF National Office](#).

BE ADVISED THAT BIRTHDATE VERIFICATION DOCUMENTS WILL NOT BE ACCEPTED OR UPLOADED BY THE NATIONAL OFFICE. PROCEDURES FOR UPLOADING THESE DOCUMENTS IN THE USATF CONNECT SYSTEM MUST BE ADHERED TO AND THERE WILL BE NO EXCEPTIONS. DOCUMENTS SENT TO THE NATIONAL OFFICE WILL BE RETURNED AND THE VERIFICATION WILL NOT BE PROCESSED.

IF A DOCUMENT IS ILLEGIBLE, IT WILL BE INVALIDATED AND WILL NOT BE PROCESSED. INVALIDATED DOCUMENTS WILL NOT RESULT IN AN EXTENSION OF THE SUBMISSION DEADLINE. NO EXTENSION WILL BE GIVEN FOR INVALIDATED DOCUMENTS THAT REQUIRE RE-SUBMISSION. THE FIVE (5) DAY DEADLINE WILL BE ADHERED TO.

DOCUMENTS WILL REMAIN A PERMANENT PART OF THE MEMBER PROFILE AND WILL NOT REQUIRE RE-SUBMISSION.

DATA PROTECTION

SUBMITTED DOCUMENTS/DATA PROVIDED TO USATF WILL BE HOSTED ON A SECURE PLATFORM IN USATF CONNECT. ASSOCIATION OFFICERS/EMPLOYEES PERMITTED TO VIEW MEMBERSHIP INFORMATION WITHIN THE SYSTEM HAVE BEEN REQUIRED TO HAVE SUBMITTED THE MANDATED USATF DATA PROTECTION POLICY AGREEMENT.

ACCEPTED DOCUMENTS

Accepted verification documents include copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government issued identification.

WAIVER: All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is already integrated in the online entry system and can be completed electronically; it can also be obtained via your association. All forms must be submitted at the first round of the Junior Olympic series.

AWARDS: USATF Junior Olympic medals will be awarded to the top (15) individuals.

ADVANCEMENTS: Association to Nationals: Top 15 individuals and 2 teams by age division will advance from association directly to the National Junior Olympic Championships per rule 306.3 b-d. Advancements must be completed by declaring at athletic.net by 10 pm on December 5, 2023.

The National Junior Olympic Championships will be held on December 9, 2023, at the E.P. "Tom" Sawyer Park, Louisville, KY. Information is available at: <https://www.flipsnack.com/USATF/2023-usatf-national-joxc-championships-passport/full-view.html>.



SCHEDULE & AGE DIVISIONS:

Tentative Schedule: This is the tentative schedule. A final schedule will be sent to all registered athletes on Thursday, November 16 after registration has closed. We will combine races for boys' and girls' and age groups if there are less than 12 in any race. However, each race will be scored separately.

Age Division	Distance	Time
Men's and Women's Open Men's and Women's Masters	5 km (3.1 miles)	8:30 am (Men's and Women's Open and Masters)
8 & Under (born 2015+)	2 km (1.24 miles)	9:00 am (girls) 9:20 am (boys)
9 & 10 (born 2013-2014) 11 & 12 (born 2011-2012)	3 km (1.86 miles)	9:40 am (girls) 10:00 (boys)
13 & 14 (born 2009–2010)	4 km (2.48 miles)	10:20 am (girls) 10:40 (boys)
15 & 16 (born 2007–2008) 17&18 (born 2005-2006)	5 km (3.1 miles)	11:00 am (girls) 11:30 (boys)

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. If an athlete loses the bib number, a replacement can be purchased for a fee of \$10. Bib numbers will be distributed to coaches and athletes in packet pickup.

Combination of Age/Gender: We will combine races for boys' and girl's and age groups if there are less than 12 in any race.

EVENT RESULTS: Race results will be available at xpresstimimg.com

PROTESTS: There will be a **\$50 fee** for all protests. Protests must be submitted to the Protest Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

RULES: CONDUCT & FACILITY: Where association hold meets, these will serve as qualifiers for its championships; Association Championships are qualifiers for the National Championships.

The 2023 USATF National Junior Olympic Cross-Country Championships are open to 2023 USATF members who fall within the youth age divisions listed above. Athletes can join USATF by visiting USATF.org.

Qualifying Information: In accordance with rule 306.3 d 2, Region 6 has chosen to advance athletes directly from the Association meet to the National Junior Cross Country Championship. The top 15 individuals by age division and Top two scoring teams will advance.

The number of athletes from each region is the top 30 individuals per age group and top 5 scoring teams. If the Alabama Association has more than 15 in any age group, the Region 6 Youth Coordinator will waive up to 30 per age group for the region.



Teams must represent current USATF clubs; and athletes representing clubs must be registered members of said clubs prior to participation in their Association Championships. These numbers may be adjusted by the Association Chair and Region Coordinator respectively for the purpose of accommodating their local situation.

All members of the same club listed on the team declaration roster at the Association finals are eligible to compete on the club's team (minimum of 5, maximum of 8) in the next round of qualifications up to and including the National Championships as long as the team qualifies. In order to declare a team, a club must enter a minimum of 5 and a maximum of 8 athletes by the entry deadline. The composition of the team at each round can change you submit a change form at the registration at packet pickup at least 2 hours prior to the race and any athlete changed must be listed on the declaration roster.

This information can be found in the 2023 USATF Competition Rule Book, Junior Olympics Program, Rule 306 3 Cross Country qualifying procedures: A-F, page 181.

CONDUCT: SAFESPORT VIOLATIONS WILL BE IN EFFECT MEANING ZERO TOLERANCE OF MISCONDUCT FOR ATHLETES, COACHES, AND SPECTATORS, THERE WILL BE NO EXCEPTIONS, VIOLATIONS OF SAFESPORT WILL BE REPORTED.

FACILITY Address: Site: Fairview Town Park Address: 649 Wesley Ave North, Cullman Al. 35058. Fairview High School is across the street from the park.

GATE ADMISSION FEES: None

Parking are free.

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